

Card Prompts (52 card deck)

Red

- 1-Name the low point in your week
- 2-Name a difficult feeling you experienced this week
- 3-Name an activity you miss
- 4-Who have you been talking to the most?
- 5-Show me what you do to relax
- 6-Where do you feel happiest?
- 7-How do you feel about being at home?
- 8-Name something you love about yourself
- 9-Draw your face when you wake up in the morning
- 10-Use your imagination to describe a fantasy land
- J-What is your favorite thing about being at home?
- Q-Show me your happy face [enjoyable emotion]
- K-Pick a game to play next (card games, 20 questions, ispy, heads up, yatzee, pictionary)
- A-Act out a feeling, I will guess it

Black

- 1-Name the high point in your week
- 2-Name an enjoyable feeling you had this week
- 3-Name a fun inside activity
- 4-Name a fun outdoor activity
- 5-What has been different about your days?
- 6-Show me something you love
- 7-What do you do if you miss someone?
- 8-If you could change one thing about being home, what would it be?
- 9-Draw a picture of your day today
- 10-Close your eyes and tell me the first thing you see
- J-Show me your frustrated face [challenging emotion]
- Q-Describe what is outside your window
- K-Try to draw [house, cat, car] with your eyes closed
- A-Act out an activity, I will guess it